

Ausländische Masseinheiten

Temperaturen

<i>Celsius</i>	<i>Fahrenheit</i>	<i>Gas mark</i>	<i>Description</i>
150 Grad	300	2	Cool/Slow
165 Grad	325	4	Very moderate
180 Grad	350	4	Moderate
190 Grad	375	5	
200 Grad	400	6	Moderately hot
220 Grad	425	7	Hot
230 Grad	450	8	
240 Grad	475	9	Very hot

Volumen

<i>Metrisch</i> <i>ml / cl / dl / Liter</i>	<i>America</i> <i>Cup</i>	<i>Australia</i> <i>Imperial</i>	<i>UK</i> <i>Imperial</i>
5 ml (1 Teelöffel)	1 teaspoon	1 teaspoon	1 teaspoon
15 ml (1 Esslöffel)	1 tablespoon	--	1 tablespoon
20 ml	--	1 tablespoon	--
30 ml	1/8 cup	1 fl oz	1 fl oz
60 ml	1/4 cup	2 fl oz	2 fl oz
75 ml	3/10 cup	2 ½ fl oz	2 ½ fl oz
100 ml (1 dl)	2/5 cup	3 ½ fl oz	3 ½ fl oz
150 ml	3/5 cup	5 fl oz	5 fl oz
200 ml	4/5 cup	7 fl oz	7 fl oz
250 ml	1 cup	8 ¾ fl oz	8 ¾ fl oz
500 ml	2 cup	17 fl oz	17 fl oz
1000 ml (1 Liter)	4 cup	35 fl oz	35 fl oz

10 ml = 1 cl

10 cl = 1 dl

10 dl = 1 Liter

Gewichte

<i>Metrisch</i>	<i>America / Australien / UK</i>
10 g	1/3 oz
25 g	1 oz
50 g	1 ¾ oz
100 g	3 ½ oz
200 g	7 oz
250 g	9 oz
500 g	17.5 oz
450 g	16 oz
1000 g (1 kg)	35 oz / 2.2 lbs